

My Monday Memo

June 6, 2022

Adventures in the PNW

Issue 106

Today is... June 6th

National Yo-Yo Day

On this day in 2004...

For her performance in *A Raisin in the Sun*, Phylicia Rashad became the first African American to win a Tony Award for best actress.

Quote of the Week

"Surrender to what is.
Let go of what was.
Have faith in what will be."

- Sonia Ricotto

MIRA'S PHOTO OF THE WEEK



ONE GOOD FACT

One Good Fact is a fun section on *Britannica.com*. Enjoy these few facts.

1. Only about 1 in every 3,000 calico cats is male.
2. Humans are the only animals with a chin.
3. Besides humans, the only mammal known to have a sense of rhythm is the Indri lemur of Madagascar.

Stock photo from *gettyimages*.



Did you find it?

Merriam-Webster's Word of the Day
Will return in the near future.

Owen Beach Officially Reopens

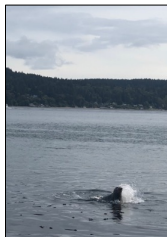
By Rachel Brandes

On Friday, May 27th, Rachel took a drive to Point Defiance Park in Tacoma to check out the newly renovated Owen Beach. Owen Beach is a beach that borders Rachel's favorite spot close to home, Point Defiance Park, which houses the Zoo and Aquarium, along with miles of hiking trails.

For the past 16 months, Owen Beach has been closed to the public for renovations. The beach officially reopened to the public on Saturday, June 4th with a ribbon cutting, pavilion tours, and refreshments. Rachel wanted to take a look before the crowds set in for the reopening and while she still had a little bit of balance left.

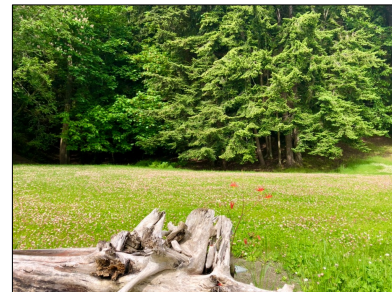
According to an article in the local News Tribune, The Washington Coast Resiliency Project has projected that sea levels are anticipated to rise six feet by 2090. The Owen Beach renovation was done to prepare for the rising sea levels. In addition to a few new features that kids will enjoy, pathways and picnic tables were moved more uphill and inland. New bathrooms and a couple of new structures, along with additional parking were also added.

During Rachel's visit to Owen Beach, she had the opportunity to see more seals than ever before. She counted roughly 20 seals in close proximity that were only about 20 to 30 feet from the shore. Also, for the first time, she watched several seals as they appeared to either play or attack the fish in the kelp by flailing around and slapping their bodies into the water.



As Rachel tends to do, she made a few new friends at the beach who were also keenly observing the seals. These new friends are avid whale watchers and were out trying to catch a look at the whales that have been in the area in the past few weeks. They speculated that the abundance of seals so close inland was a good indication that whales were still in the area. Unfortunately, during her time at Owen Beach that day, Rachel did not get to see a whale. She will hold out hope to see a whale in the near future.

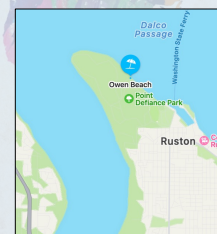
Rachel looks forward to the summer of 2023 when she can visit Owen Beach on a regular basis. Until next time, be well.



A field overflowing with tiny flowers at Owen Beach.

Where in the world?

Owen Beach is located at Pt. Defiance Park just 7 miles from Rachel's home. This area is frequently visited and a favorite spot.



Alec's Adventures in Asia

As promised, Alec's Adventures in Asia has returned. As of the end of May, Alec and his travel companions are reportedly in good health and enjoying their travels across India. During the first two weeks of June, they will visit Munnar, Kochi, Tirupati, Mandanapalle, and Muthirevula. This next week and a half, they will enjoy these final days in India before heading to Thailand.

In this week's photos, Alec and Mohith are pictured at the Indian Ocean with a beautifully colored sky in the background, a few feet are seen dangling from a cliff, which we learned was used for cliff jumping, and Alec and Mohith are seen twinning it up while they enjoy a drink in the river.

